

Society about breast cancer. For the year 2000, it is estimated that nearly 183,000 women will be diagnosed with breast cancer and slightly fewer than 41,000 women will die of this disease.

In past years, I have often commented on how gloomy these statistics were. But as I review how these numbers are changing over time, I have come to the realization that it is really more appropriate to be upbeat about this situation. The number of deaths from breast cancer is falling from year to year. Early detection of breast cancer continues to result in extremely favorable outcomes: 96 percent of women with localized breast cancer will survive 5 years or longer. New digital techniques make the process of mammography much more rapid and precise than before. Government programs will provide free mammograms to those who can't afford them. Information about treatment of breast cancer with surgery, chemotherapy, and radiation therapy has exploded, reflecting enormous research advances in this disease.

So I am feeling quite positive about breast cancer. A diagnosis of breast cancer is not a death sentence, and I encounter long-term survivors of breast cancer so frequently now on a daily basis that I scarcely give it a second thought. And the key to this success is early diagnosis and treatment, with routine periodic mammography being the linchpin of the entire process. Routine mammography can locate a breast cancer as much as 2 years before it would be detectable by self-examination. The statistics tell the story: the number of breast cancer deaths is declining despite an increase in the number of breast cancer cases diagnosed. More women are getting mammograms, more breast cancer is being diagnosed, and more of these breast cancers are discovered at an early and highly curable stage.

So my message to women is: have a periodic mammogram. Early diagnosis saves lives. But I know many women don't have annual mammograms, usually because of either fear or forgetfulness. Some women avoid mammograms because they are afraid of what they will find. To these women, I would say that if you have periodic routine mammograms, and the latest one comes out positive, even before you have any symptoms or have found a lump on self-examination, you have reason to be optimistic, not pessimistic. Such early-detected breast cancers are highly treatable.

Let me consider an analogous situation. We know that high blood pressure is a killer, and we are all advised to get our blood pressure checked from time to time. Are we afraid to do this? No. Why not? Because we know that even if high blood pressure is detected on a screening examination, it can be readily and successfully treated. We also know that high blood pressure is not going to go away by itself, so if we have it, we should find out about it, get it treated, and move ahead with our lives.

The argument for having periodic routine mammograms to detect breast cancer is similar. Most of the time, the examination is reassuringly negative. But if it is positive, and your previous routine mammograms were negative, it means that this cancer has been detected early on, when it has a high chance of being cured.

And then there is forgetfulness. I certainly understand how difficult it is to remember to do something that only comes around once each year. I would suggest that this is where "National Mammography Day" comes in. This year, National Mammography Day falls on Friday, October 20, right in the middle of National Breast Cancer Awareness Month. On that day, let's make sure that each woman we know picks a specific date on which to get a mammogram each year, a date that she won't forget: a child's birthday, an anniversary, perhaps even the day her taxes are due. On National Mammography Day, let's ask our loved ones: pick one of these dates, fix it in your mind along with a picture of your child, your wedding, or another symbol of that date, and promise yourself to get a mammogram on that date every year. Do it for yourself and for the others that love you and want you to be part of their lives for as long as possible.

Mr. President, I urge my colleagues to join me in the ongoing fight against breast cancer by cosponsoring and voting for this resolution to designate October 20, 2000, as National Mammography Day.

**SENATE RESOLUTION 354—AMENDING PARAGRAPHS 2 AND 3(A) OF RULE XXV AND PROVIDING FOR CERTAIN APPOINTMENTS TO THE AGRICULTURE, NUTRITION, AND FORESTRY COMMITTEE, THE BANKING, HOUSING, AND URBAN AFFAIRS COMMITTEE, THE FINANCE COMMITTEE, THE SMALL BUSINESS COMMITTEE, AND THE VETERANS' AFFAIRS COMMITTEE**

Mr. LOTT (for himself and Mr. DASCHLE) submitted the following resolution; which was considered and agreed to:

S. RES. 354

*Resolved*, That notwithstanding any other provision of Rule XXV, paragraph 2 of Rule XXV of the Standing Rules of the Senate is amended as follows:

Strike the figure after "Agriculture, Nutrition, and Forestry" and insert in lieu thereof "20".

Strike the figure after "Banking, Housing, and Urban Affairs" and insert in lieu thereof "22".

SEC. 2. That Rule XXV, paragraph 3(a) of the Standing Rules of the Senate is amended as follows:

Strike the figure after "Veterans' Affairs" and insert in lieu thereof "14".

SEC. 3. That on the Committee on Agriculture, Nutrition, and Forestry, the Senator from Oregon (Mr. SMITH) is hereby appointed to serve as a majority member; that the Senator from Georgia (Mr. MILLER) is

hereby appointed to serve as a minority member; and that the Majority Leader is hereby authorized to appoint one majority member to that committee.

SEC. 4. That on the Committee on Banking, Housing, and Urban Affairs, the Senator from Georgia (Mr. MILLER) is hereby appointed to serve as a minority member, and that the Majority Leader is hereby authorized to appoint one majority member to that committee.

SEC. 5. That on the Committee on Finance, the Senator from Idaho (Mr. CRAIG) is hereby appointed to serve as a majority member.

SEC. 6. That on the Committee on Small Business, the Majority Leader is hereby authorized to appoint one majority member to that committee.

SEC. 7. That on the Committee on Veterans' Affairs, the Senator from Georgia (Mr. MILLER) is hereby appointed to serve as a minority member, and that the Majority Leader is hereby authorized to appoint a majority member to that committee.

**SENATE RESOLUTION 355—COMMEMORATING AND CONGRATULATING MIDDLEBURY COLLEGE**

Mr. LEAHY (for himself and Mr. JEFFORDS) submitted the following resolution; which was referred to the Committee on the Judiciary:

S. RES. 355

Whereas in the fall of 1800, a group of distinguished Vermonters, including Jeremiah Atwater, Nathaniel Chipman, Herman Ball, Elijah Paine, Gamaliel Painter, Israel Smith, Stephen R. Bradley, Seth Storrs, Stephen Jacob, Daniel Chipman, Lot Hall, Aaron Leeland, Gershom C. Lyman, Samuel Miller, Jedediah P. Buckingham, and Darius Matthews, petitioned the Vermont General Assembly for the establishment of a new institution of higher education in the town of Middlebury, Vermont;

Whereas on November 1, 1800, the Vermont General Assembly adopted a law to establish a college in Middlebury and named this group of distinguished Vermonters to be known as "the President and fellows of Middlebury college", and designated Jeremiah Atwater as the new college's first President;

Whereas on November 5, 1800, less than 1 week after receiving its Charter, Middlebury College opened its doors to 7 students and 1 professor using space at the local grammar school for instruction;

Whereas by 1810, the college had grown to 110 students and needed space of its own, and the campus of Middlebury College was built, and on May 19, 2000, the United States Postal Service issued postcards to commemorate the Old Stone Row and the first 3 buildings of the Middlebury College campus;

Whereas over the last 2 centuries, Middlebury College has evolved from 1 of the first colleges in the United States into 1 of the most respected liberal arts colleges in the Nation, with more than 2,000 students, almost 200 professors, and a main campus of over 250 acres;

Whereas the Middlebury College Bicentennial Planning Commission has designed Celebration 2000 to commemorate this milestone in Vermont's and the Nation's educational history;

Whereas this bicentennial is a celebration honoring the people and events that have made and continue to make Middlebury College a leader in higher education;

Whereas Celebration 2000 features concerts, plays, and symposia, both on campus and at additional locations such as the New York Public Library, and the dedication of a new